Covid-19 Update Local Outbreak Engagement Board

23 April 2021



Agenda

- Welcome
- Apologies
- Minutes from Previous Board Meeting
- Questions from the Public
- Local Covid-19 Data Update
- Communications & Engagement update
- Recent Covid-19 Outbreaks Lessons Learned
- Thematic item Universal Testing
- Local Outbreak Control Plan Development



Local Covid-19 Data Update David Munday



Latest Data

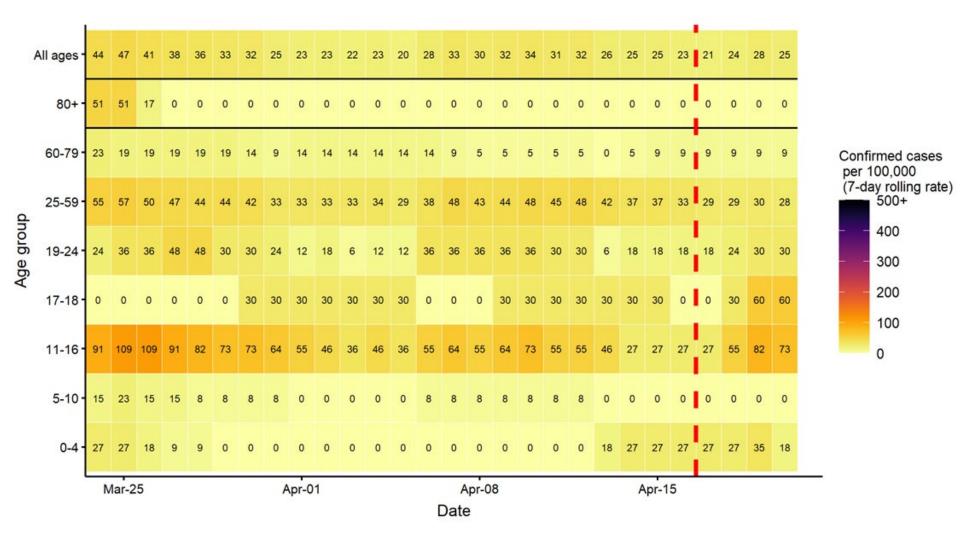
Situational awareness indicators from the 08/04/2021 to 14/04/2021

- in comparison to previous 7-day period https://www.berkshirepublichealth.co.uk/covid-19-dashboard is updated daily. "Information Centre" weekly report

Area	Individuals tested per 100.000 population (7-day moving average)		Percentage individuals test positive (weekly)		Cases per 100.000 population - all ages (weekly)		Cases per 100.000 population - 60+ (weekly)	
Bracknell Forest	305.3	†	1.3	•	32.6	†	12.2	t
Reading	401.1	+	1	•	24.7	+	3.7	•
Slough	368.6	+	2.7	•	64.9	+	79.1	†
West Berkshire	275	†	0.6	•	14.5	+	0.0	+
Windsor and Maidenhead	346.5	+	0.9	•	21.1	+	8.2	t
Wokingham	298.1	+	0.8	•	17.5	+	2.5	→
South East	346.6	†	0.7	+	18	†	7.8	t
England	350.1	+	1.1	•	26.8	‡	11.3	t

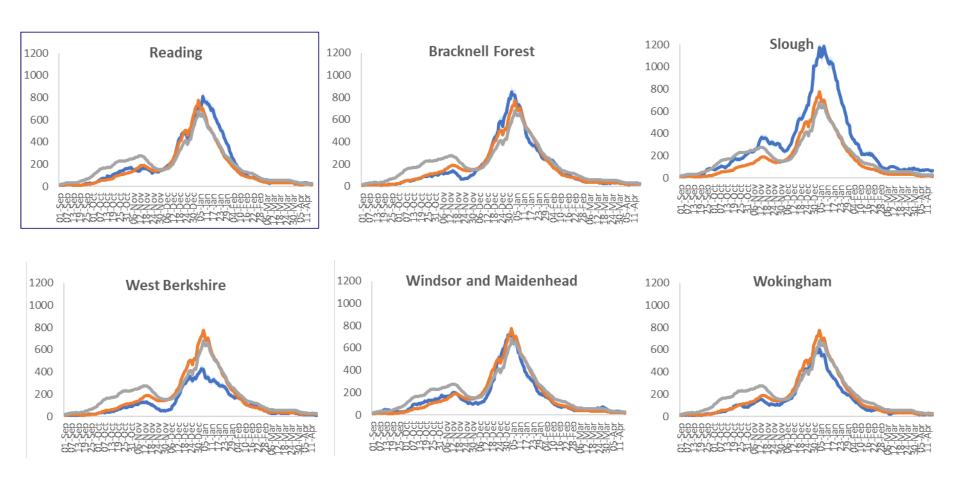


Age-specific 7-day rolling case rates per 100,000 population, Reading, 24 March to 20 April, highlighting age groups of interest. The red dashed line denotes the 4 most recent days data are provisional.



Case rate per 100,000 by age group - PHE LA Report -22nd April 2021

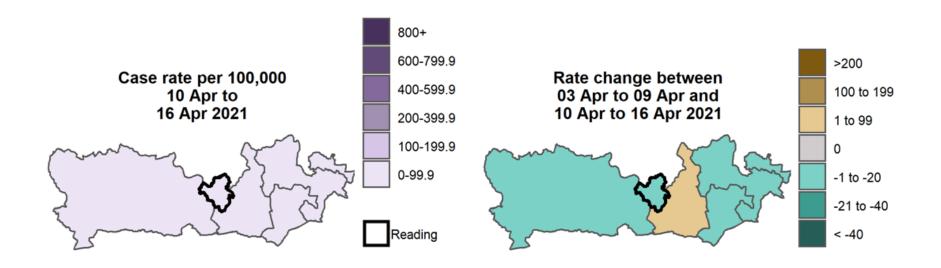
Comparative Data



PH Berkshire Covid-19 Surveillance Dashboard - 22nd April 2021

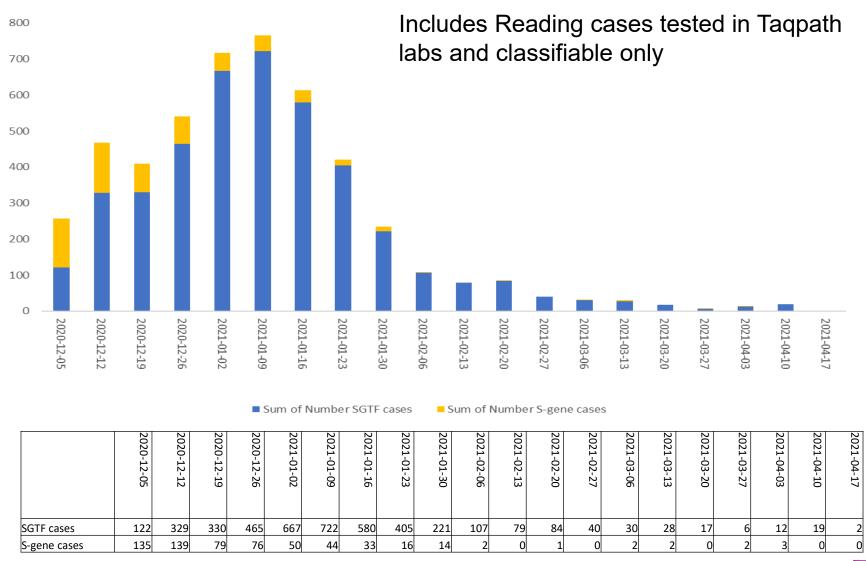


Comparative Data



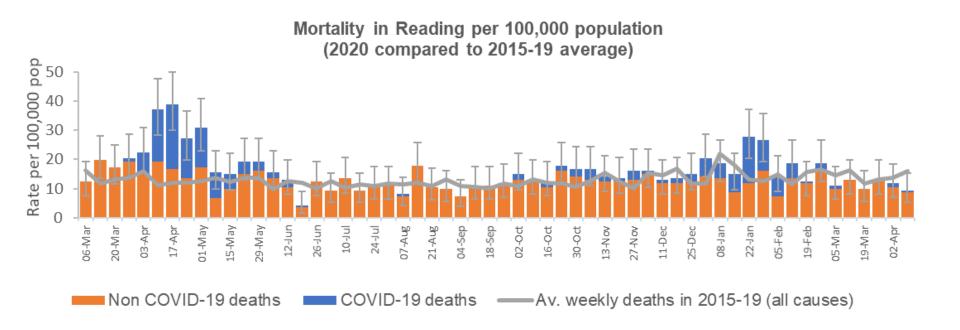


Comparison of SGTF cases and S-gene cases





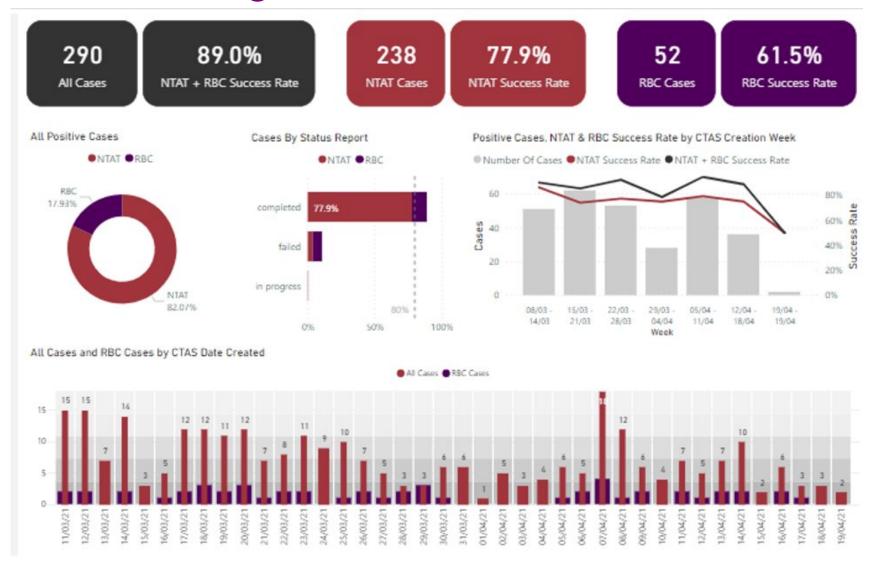
Mortality Rate in Reading



PH Berkshire Covid-19 Surveillance Dashboard - 22nd April 2021

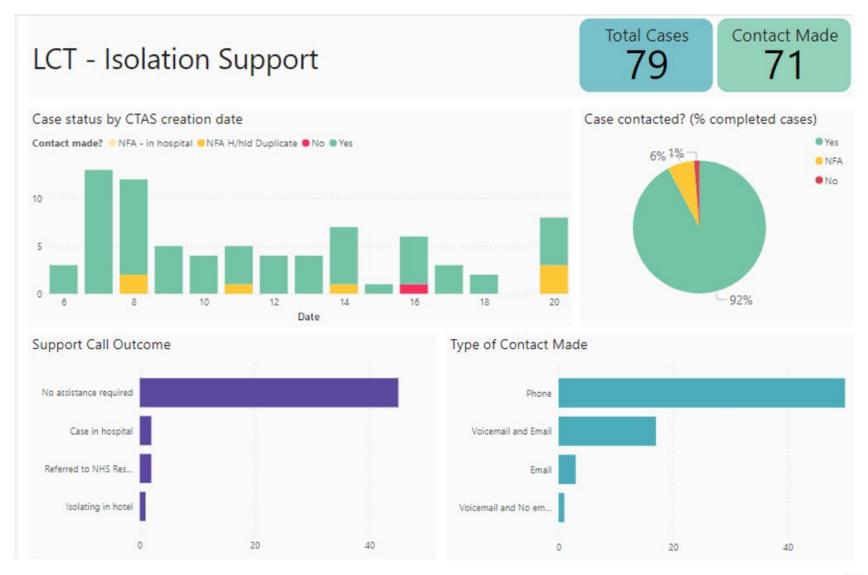


Contact Tracing



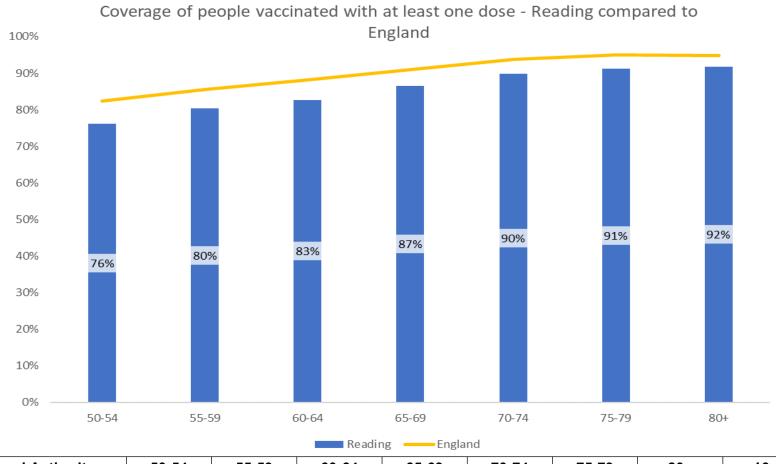


Isolation Report





% people vaccinated with at least one dose



Local Authority	50-54	55-59	60-64	65-69	70-74	75-79	80+	16+
Reading	76%	80%	83%	87%	90%	91%	92%	39%
England	82%	86%	88%	91%	94%	95%	95%	47%



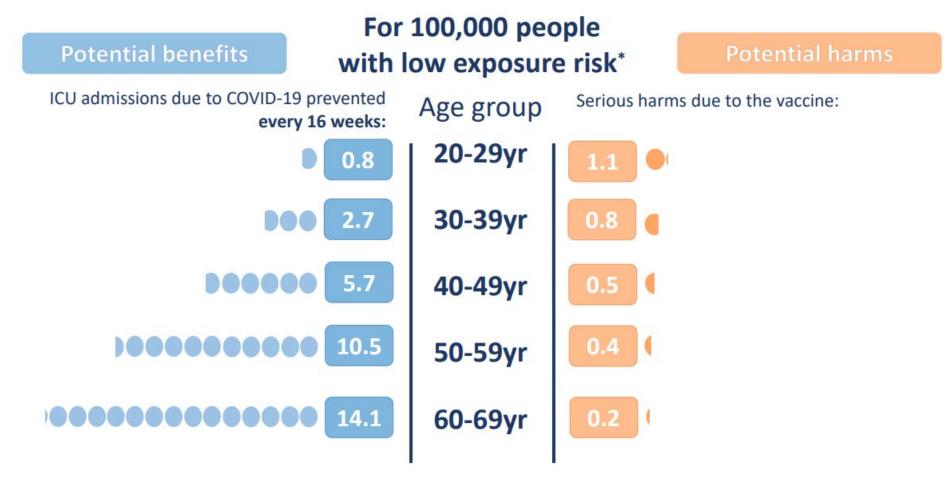
Communication and Community Engagement Activities Supporting Covid-19 Vaccination Campaign

- Bernice Bloor video Kenyan NHS Lead Nurse at RBH encouraging her community to get vaccinated https://youtu.be/Krj13p7VzIE
- Covid-19 Chat Corner: Let's Talk, What's Next? On 21 March where ethnically diverse communities and RBC got together and discuss the need to continue connecting and communicating and the issues within these communities in the context of Covid-19. Diverse ± 20 attendees.
- Pop Up Clinics: 1) Aisha Mosque on 7 April where 230 vaccinations given to Muslims community 2) Christ the King Church on 10 April where 130 vaccinations given to people within the Whitley Community
- Healthwatch webinar aimed at Kenyan community 9 May
- Ramadan Communication Kit to disseminate to all Muslims Communities across Berkshire



Weighing up the potential benefits and harms of the Astra-Zeneca COVID-19 vaccine

For 100,000 people with low exposure risk*



^{*} Based on coronavirus incidence of 2 per 10,000: roughly UK in March



29 March

STEP 2

No earlier than 12 April

At least 5 weeks after Step 1



EDUCATION

8 MARCH

- · Schools and colleges open for all students
- · Practical Higher Education courses



EDUCATION

· As previous step



SOCIAL CONTACT

8 MARCH

- Exercise and recreation outdoors with household or one other person
- · Household only indoors

29 MARCH

- Rule of 6 or two households outdoors
- · Household only indoors



SOCIAL CONTACT

- · Rule of 6 or two households outdoors
- Household only indoors



BUSINESS & ACTIVITIES

8 MARCH

 Wraparound care, including sport, for all children

29 MARCH

- Organised outdoor sport (children and adults)
- Outdoor sport and leisure facilities
- All outdoor children's activities
- Outdoor parent & child group (max 15 people, excluding under 5s)

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BUSINESS & ACTIVITIES

- All retail
- · Personal care
- · Libraries & community centres
- · Most outdoor attractions
- · Indoor leisure inc. gyms (individual use only)
- · Self-contained accommodation
- · All children's activities
- · Outdoor hospitality
- Indoor parent & child groups (max 15 people, excluding under 5s)



TRAVEL

8 MARCH

- · Stay at home
- · No holidays

29 MARCH

- Minimise travel
- No holidays

0

TRAVEL

- · Domestic overnight stays (household only)
- No international holidays



EVENTS

- Funerals (30)
- · Weddings and wakes (6)



EVENTS

- Funerals (30)
- · Weddings, wakes, receptions (15)
- · Event pilots

STEP 3

No earlier than 17 May

At least 5 weeks after Step 2

EDUCATION

· As previous step

N SOCIAL CONTACT

- · Maximum 30 people outdoors
- · Rule of 6 or two households indoors (subject to review)

BUSINESS & ACTIVITIES

- · Indoor hospitality
- · Indoor entertainment and attractions
- Organised indoor sport (adult)
- · Remaining accommodation
- · Remaining outdoor entertainment (including performances)

TRAVEL

- Domestic overnight stays
- · International travel (subject to review)

EVENTS

- Most significant life events (30)
- Indoor events: 1,000 or 50%
- Outdoor seated events: 10,000 or 25%
- Outdoor other events: 4,000 or 50%

STEP 4

No earlier than 21 June

At least 5 weeks after Step 3

All subject to review



EDUCATION

· As previous step



SOCIAL CONTACT

· No legal limit



BUSINESS & ACTIVITIES

· Remaining businesses, including nightclubs



TRAVEL

- · Domestic overnight stays
- International travel



EVENTS

- · No legal limit on life events
- Larger events

Communications & Engagement Update Niki Barton & James Crosbie



Strategic Approach

- Amplify national messages by sharing NHS, PHE & Govt resources
 e.g. latest rules & vaccination cohorts
- 2. Respond to emerging issues e.g. new testing centres & local outbreaks
- 3. Communicate messages of local significance e.g. hearing from local people; messages targeted by language, geography & age



Current focus: coming out of lockdown safely

Audiences same people, different identities

- Younger people, older people

Residents, businesses,

- Language, ethnic and cultural background
- Students, parents, employees

Key issues / messages

- Lockdown lifting, rules, advice and guidance
- Vaccination
- Testing
- Self-isolating inc. support
- Special events Easter,
 Ramadan, Eid

Channels

- Local media
- Social media and website
- Email
- Physical spaces parks, town centre
- Relationships, partners



Explaining the Roadmap





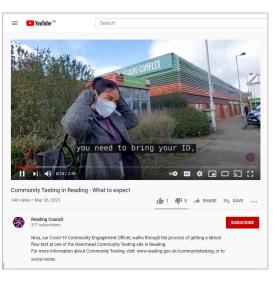
Reading Council
Sponsored · 🕙







Testing: Why, How, Where, When?



Nisa Outreach Officer

2.RAPID TESTING FOR ALL - PLUS NEW TOWN CENTRE TEST SITE



From Friday 9 April, everyone in England will be able to access free, regular, rapid coronavirus testing. 1 in 3 people with coronavirus don't have any symptoms and can spread the virus without knowing. Testing twice a week with a rapid test helps to find these cases and prevent the spread of infection. We're asking everyone to get into the habit of taking regular tests - here's how:

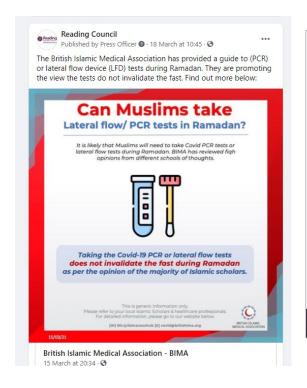
- At your workplace thousands of employers are offering testing in the workplace onsite or with home test kits. Ask your employer for details
- Community testing local councils have community testing sites where you
 can go to take a supervised test. You can find your nearest site on the NHS
 test finder or book a test one of Reading's 3 test centres
 - Rivermead Leisure Centre
 - South Reading Leisure Centre
- Our community testing centres do not currently have home test kits for collection, but we hope to offer this service soon.
- NHS Test & Trace sites you can pick up home test kits from sites across the country. Find your nearest site on the NHS test finder site.
- Pharmacy collect when launched, you will be able to go to a participating
 pharmacy and pick up a free box of tests to use at home. NHS England's site
 finder will let you search for your nearest participating pharmacy and more will
 be joining the scheme in the coming weeks.
- Education secondary and college students are being given tests to use at home twice a week, throughout term time and the holidays.
- Order tests to your home (LFD direct) for people who can't access tests
 through other routes, you can order packs of tests from the Government
 website, or call 119 to have tests delivered to your home.

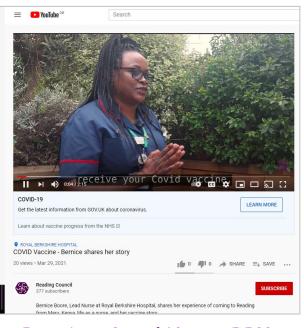
You can find out more including how to register your test results on our website.





Vaccine: Why, How, Where, When?





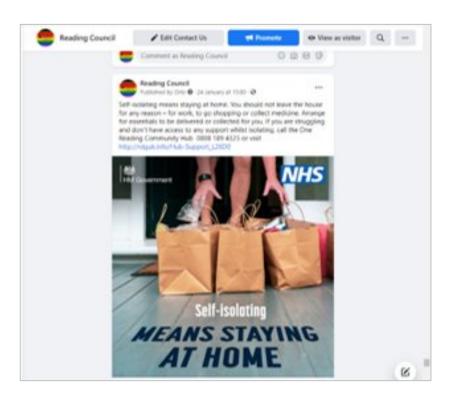


Bernice, Lead Nurse RBH



Self-isolating inc. support payment







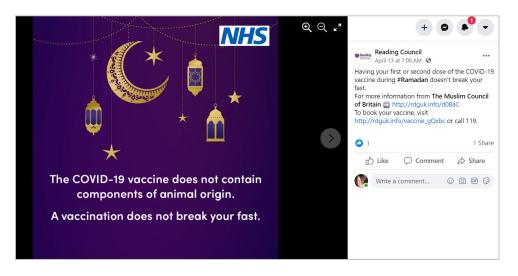
Town Centre, Parks and Open Spaces



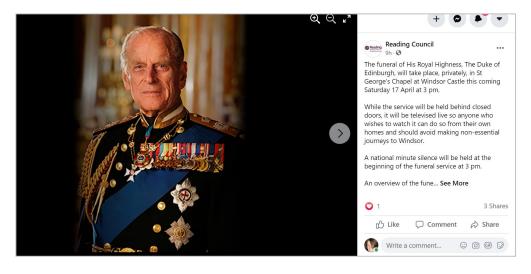




Upcoming Dates & Special Events









Engagement with Higher Risk Settings

- Working with the Town Centre BID to provide support to businesses and if necessary enforce compliance
- Working with PubWatch and the wider hospitality industry to provide guidance and support
- Continue to work with Thames Valley Police on compliance across the town
- Investigate complaints in high risk settings
- Work with Public Health colleagues to investigate outbreaks or follow up on a lack of information following positive case identification



Recent Outbreaks James Crosbie



Outbreaks - lessons learnt

- Report received from PHE
- 8 of 15 staff tested positive (from 4th-7th April)
- All positive cases are self-isolating.
- PHE had been able to determine some information from the management team of the store but wanted an on the ground view.
- Officer contacted store and regional management
- All staff in contact with positive cases have been tested.
- Covid risk assessment is in place (includes: social distancing, reduced store capacity, staff temperature checks, staggered break times).
- Deep clean of the store arranged prior to re-opening.
- The main outcomes resulting from the Council's involvement were: a review of face- to-face staff 121 meetings; a meeting room has been re-designated as a staff room as the space is bigger, with lowered capacity for both rooms.
- Rapid lateral flow test kits have been ordered by the Head Office and will be used routinely.

Universal Testing

An outline of the currently testing recommendation, benefits of doing so and channels via which people can obtain test kits, including specifics for Reading

Gabby Haffner



Testing for COVID-19

PCR

For those with COVID-19 symptoms

Processed in a lab

Result in 24 to 48 hours

Gold standard test

LFD

For no COVID-19 symptoms

No lab required

Result in under 45 minutes

Less accurate than PCR



Current Testing Recommendation

- Universal Testing Offer from 9 April 2021
- Everyone able to access asymptomatic testing through:
 - Using a test site (Community or Employer's)
 - Collecting home-test kits
 - Order home-tests to be delivered to home
- Not for specific testing policies (such as international travel, care homes etc)
- Recommendation that everyone tests twice a week
- If lateral flow result is positive, require confirmation using PCR



Self-test collect kits available from:

COVID-19 Testing Employers Sites On-line delivery Schools **Pharmacies** (staff and secondary pupils)



Benefits of Testing

- Asymptomatic testing identifies people who have COVID-19 but did not know it as they did not have symptoms. They then isolate to minimise spreading the virus to others.
- Testing symptomatic people confirms that they have COVID-19 so that they isolate. Their swabs may be additionally processed to identify and track variants of concern.



Variants of Concern

- Only positive PCR tests can be genomically sequenced to look for variants of concern
- New technology 'genotype assay testing' will identify mutations in half the time of existing methods (4 to 5 days)
- This will allow the tracing of contacts of cases more quickly to helps break the chains of transmission, stop the spread of variants and save lives.

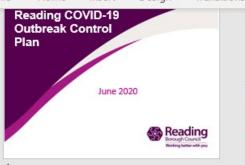


Local Outbreak Control Plan Development David Munday



Background

- In June 2020 Reading developed a Local Outbreak Control Plan
- Summary slides of plan published at https://www.reading.gov.uk/coronavirus-covid-19/reading-covid-19-outbreak-control-plan/
- Waves of pandemic and response work have evolved since then
- In March 2021 we were asked by Dept for Health and Social Care to update the plan



Why do we need an Outbreak Control Plan for Reading?

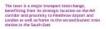
- · We want to keep our residents as safe as we can from COVID-19 until better treatments and/or a vaccine is available. The Initial phase of COVID-19 was countrywide. As national restrictions are lifted, sporadic
- need local action to prevent Building on local knowledge and trusted partnerships our local plan adds to national

cases are likely which will

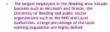




Reading is the grincipal regional and commercial centre of the Thames Valley. The Borough of Reading is home to 167,760 residents with the wider urban area of Reading reaching into the neighbouring Wokingham and West Berks Local Authority areas. The age of the Reading population is younger than UK average



key reatures of keading









The community spirit in Reading is strong and came together in a range of ways as the pandemic hit and lockdown occurred. The One Reading Community Hub has been an example of this in action, available at . The Hub has supported over 1,000 people in Reading who were required to shield, as well as having linked up over 1,500 people for further support with our local voluntary sector groups The urban nature of Reading and the close proximity of testing facilities may have caused the higher than average confirmed number of cases that we saw early in the pandemic- with numbers in Way and June reducing in keeping with other areas that are similar to Reading A particular focus in Reading has been on providing support to those most vulnerable to the infection, especially our local care homes. Reading **One Reading**

. Like all parts of the UK, Reading has been impacted by the COMD-19 pandemic

Reading and COVID-19

Ethnicity in Reading
Reading has an ethnically diverse population with B
located in some specific parts of the Borough

Our Outbreak Control Plan

1. Care homes and schools Prevent and manage outbreaks in specific individual settings (e.g. schools, care homes)

has the following themes:

- 2. High risk places, locations and communities Prevent and manage outbreaks in other high-risk locations, workplaces and communities 3, Local testing capacity
- Deploy local testing capacity optimally
- 4. Contact tracing in complex settings
- Deliver contact tracing for complex settings and cohorts
- 5. Data Integration Access to the right local data to enable the other 7 themes and prevent outbreaks
- 6. Vuinerable people Separat values his people and ensure services meet the needs of disease convergables
- 7. Local Boards including Communication & Engagement Take local actions to contain outbreaks and communicate with the general public
- 8. Workforce seeping our workforce safe



Managing risks locally

- . COVID-19 does not travel on its own. It is transmitted largely in droplets, coughed out by people who are infected.
- · Keeping a social distance, using tissues to catch coughs and sneezes and disposing of them safely, washing hands often and isolating infectious people are key protection measures to prevent spread. Some people seem more likely to catch COVID-19 or to become more sick
- as a result. These people need extra protection. Some settings are more risky, for example where infectious people are being cared for, where social distancing and isolation are more challenging or where there are people at particular risk of harm from COVID-19.
- It is likely that COVID-19 will be harder to spot and control in the winter and we need to be prepared.





Managing risks locally In Reading we are working with Public Health England and developing focused cultimak plans for the following settings and population groups as we know outbreaks may be more lifesty in these areas or people may be more impacted by them or they maybe more complex to control if they occur. Public Health England Care horses. Libraries and cultural facilities Social care services · Retail and the town centre · Schools Transport hubs · Hespitals · Offices/ workslanes Primary care facilities · Food outlets/ licenced premises Returning travellers from abroad . Council run buildings Traveller and homeless population . Places of worship Social housing BANE community Leisure facilities

Reading

What actions might be taken or recommended if an outbreak occurs?

> Restricting visiting > Alert messaging > Focussed testing of people > Cancelling events with and without

symptoms

- > Closing playgrounds or other facilities > Special testing facilities > Enhanced monitoring of
- people isolating > Additional contact tracing > Specific advice on PPE and
- infection prevention and Closure of premises control measures.

What if more action is needed?









How will we respond to an

outbreak in Reading?

· We will watch data on cases and risks

closely, so we spot outbreaks early.

encouraging handwashing, social

those who need help to comply. The actions we take will be those most

. We will support our residents to stay safe,

distancing and isolation and assisting

likely to be effective, based on evidence.

recommendations on controlling spread.





Reading

Managing a local outbreak is a team effort

Reading

informed if cases or outbreaks occur?

How are the right people and organisations

De - 30.00

+34-733

keep the public informed about COVID-19.

Governance

10

When to get in touch with

Reading Borough Council?

Contact the Council via

- CV19Notifications@reading.gov.uk or 0118 937 2707 · if you have been contacted about being a COVID-19 case or contact and are not sure what to do
- · if you think there are cases in your workplace, school, organisation or other setting

If you have symptoms, stay home and contact NHS Test & Trace to arrange testing at https://www.nhs.uk/ask-for-

Communication with residents

. Our new Outbreak Engagement Boards will be held in public regularly as needed, led by local Councillors and accountable to the public.

. We will keep our website up to date with the latest information and guidance. . We will use social media to spread the word. . We will work with services, businesses and organisations to make sure information is clear

accessible formats and languages other than

and accurate We will make information available in

. The Thames Valley Local Resilience Forum will put Command and Control arrangements in place to act across a broader geography if . The South East Regional Oversight Group will help us learn from other

. This work will be overseen by our Berkshire West Health Protection

Board where key partners will work together to control spread locally.

. The Reading Outbreak Engagement Board will listen to your views and

Our Outbreak Control Plan has the following themes:

1. Care homes and schools

Prevent and manage outbreaks in specific individual settings (e.g. schools, care homes)

2. High risk places, locations and communities

Prevent and manage outbreaks in other high-risk locations, workplaces and communities

3. Local testing capacity

Deploy local testing capacity optimally

4. Contact tracing in complex settings

Deliver contact tracing for complex settings and cohorts

5. Data integration

Access to the right local data to enable the other 7 themes and prevent outbreaks

6. Vulnerable people

Support vulnerable people and ensure services meet the needs of diverse communities

7. Local Boards including Communication & Engagement

Take local actions to contain outbreaks and communicate with the general public

8. Workforce

Keeping our workforce safe

Key themes to our plan (updated)

Outbreak
Control Plan
focuses on
9 key themes

- High risk places, locations and communities
 - Prevent and manage outbreaks in high-risk settings, workplaces and communities
- Testing and responding to variants of concern (VoC)

 Sufficient and accessible local testing (both symptomatic and asymptomatic)
- Local Contact Tracing Partnership

 Efficient contact tracing of index cases and the
 - Efficient contact tracing of index cases and their close contacts
- Surveillance and data integration
 Ensuring access to accurate and timely epidemiology data
- Vulnerable people and inequalities
 Support vulnerable people and ensure services meet the needs of diverse communities
- Communication & Engagement (Including community resilience)

 Take local actions to contain outbreaks and communicate with the general public
- Compliance and Enforcement
 Ensuring settings comply with measures outlined in Covid-19 regulations and guidance
- Vaccinations
 Ensuring high and equitable uptake of vaccinations across the Borough
- Enduring Transmission
 Act on enduring transmission to reduce risks of VoC and any on-going transmission in certain parts of town



Date of Next Meeting

2021

